#### TASK INSTRUCTION SHEET: Record of events and experiences

### Version 1.2 (12/07/22)

This research project is interested in people's perceptions of green and outdoor spaces. This includes what people like and dislike and applies to those who visit regularly or rarely or never. I would like you to keep a record of events and experiences relating to your perceptions of green and outdoor spaces as part of your normal daily life, not when you are away or on holiday. Please do this for as many days as you wish to over a two-week period. If you are uncomfortable with this task, you may opt-out and proceed to the discussion with Andrew at a convenient time and place (i.e., phone, face-to-face or online). All individuals who self-identify as an ethnic minority and above 18 years old are warmly invited take part in this task regardless of how often they engage with outdoor spaces. The aim is to help understand how green and outdoor spaces can be made better and more inclusive places for all.

## What exactly do I need to do?

You may make a record through one or of combinations of the following formats:

**Pictures:** That you have taken or drawn capturing objects/places of outdoor spaces. If you cannot take your own, you could find pictures on the web.

Videos: Taken with smart phone camera that captures objects/places, thoughts, or feelings.

Text: Keep notes written down or on your phone or computer, with or without accompanying pictures.

**Other:** I encourage participants to be creative and to think of other formats they would like to use e.g., drawings or music if they wish.

**App:** Mobile apps such as "Day One" are an easy method of keeping a record of thoughts and collecting images.

## What kind of things could I record?

Record any of the following:

What motivates or constrains you to visit green and outdoor spaces, e.g., places, or objects in or around green and outdoor spaces that are meaningful to you for either negative or positive reasons.

Anything that you feel is relevant to your relationship to green and outdoor spaces.

You may also document other relevant things you do instead of visiting green and outdoor spaces.

# How do I get the information to you?

- Send your complete records to Andrew via email andrew.palmer@liverpool.ac.uk.
  or
- Contact Andrew on the details below to inform him that you have completed the task and can bring the record along to the discussion.

# What happens next?

We will arrange a convenient time to discuss the record of events and experiences and explore these topics together. We will do this via email or phone when you have completed the task. If you decide to opt out of the task, an interview will be arranged based on the responses in the online questionnaire.

#### If you need more information.

Before starting, some people want further guidance and like to discuss the task. I am happy to provide more information and examples and find ways that suit you. If this task is being arranged remotely, please email or text Andrew to arrange a conversation.

### Andrew's contact details:

Email: andrew.palmer@liverpool.ac.uk / Mobile: 07825369328

# Safety

 Always apply caution when using a smartphone in a public space as there is an increase likelihood of being a victim of crime.

 Please stay within publicly accessible land and adhere to any safety messages relevant to that location. For example, do not trespass or enter potentially dangerous areas.

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